

U3A Sapphire Coast

March 21 Newsletter



Welcome New Members

Robin Unger
Mary Balmain
Rose Harris
Lily Hart
Garry Evans
Shane Sutton
Michelle Russell
Heather McColl
Robyn Hallows
Pat Gillies
Sue Holzhauser
Cheryl Kearney



Hello everyone

Summer is over, did we have one?

My term as interim President is nearly at an end and I would personally like to thank all those members who made me feel so welcomed.

It's been a trying year for all of us, and though U3ASC has had to provide limited courses, we have survived. Now we look forward to 2021 and hopefully a relaxing of COVID restrictions, an increase in our member base and our opportunity to provide more courses.

I would like to wish the incoming committee all the best for their U3ASC year.

Sue Fowler,
Interim President U3ASC

REFLECTIONS OF A RETIRING TREASURER – CHRIS BEMBRICK

Our U3ASC Treasurer, Chris Bembrick, who has done a wonderful job in this role for 5 years, is retiring from the committee at the next Annual General Meeting. We've asked him to reflect on his time in this role.



How have you drawn on your former life experiences in the role of treasurer?

Not really much to tell. My working life was spent in the world of finance and I retired as a member of the Institute of Public Accountants so when I retired and felt a need to give something back to the community, the Treasurer role almost fell into place by default. What I derived from the role was similar to my reason for volunteering in the first place, namely the satisfaction derived from giving something back in a voluntary role.

What are some of the highlights of your many years as treasurer of U3ASC?

A highlight of my tenure has been the various wonderful people over a number of incarnations of the committee with whom I have been privileged to serve.

What wise words would you pass on to anyone seeking to join the committee?

Nothing from my background should deter a potential replacement. The books of U3A are not sophisticated and certainly do not require a qualified accountant in the role (not that we should ever knock one back!) Your request for "wise words" is somewhat misdirected - any wisdom of which I have ever been accused was purely accidental.

U3ASC AGM Wednesday 10 March 2021 10:00am Merimbula RSL – Lantern Inn



LETTER TO THE U3ASC COMMITTEE

Dear Committee,

I would just like to reach out to members, through the next newsletter, and suggest that everyone who can, rejoin U3A for 2021. Many members I have spoken to were refraining from rejoining this year, because of lack of groups available, and Covid restrictions. I would appeal to these people to put your support behind U3ASC and rejoin. It has never been so important that we stand behind this great organisation which has given so many people hours of interesting participation and enjoyment.

I also stress that, as an ex-treasurer of 4 years, there is a lot of fulfillment and personal satisfaction in taking on a committee role. If we all take a turn, then no one needs to do each committee position for too long.

Thanks, Jennie Smith Member 1168



NEW

Song Writing (Thursday evening - monthly class)

Come and learn the basics with Paul.

Paul is an accomplished and gigging musician, whose primary instruments are guitar (acoustic and electric), ukulele and bass. Paul is also a song writer, composer and arranger.

Cost \$5.00 per session

Course Leader: Paul Daynes Enquiries: 02 6495 9741

04:30pm-06:30pm

U3A Centre Tura Beach Shop 4 Tura Beach Shopping Centre Tura Beach

NEW

A Walk in the Park, for panting pooches and their owners.

A fortnightly event at different 'off-lead' venues in the area. Including Tathra Beach, Merimbula Main Beach, Short Point, Tura Beach etc.

We'll meet at the appointed venue, weather permitting, for a 9.00 am start, commencing on Monday 19 April. Walk, run, swim...whatever grabs you for up to an hour.

Afterwards, at a local coffee shop for recovery!
No dog, no matter, just come along.

Fee: nil, buy your own coffee afterwards

Date: [19 April](#)

Location: Short Point Car Park at the entrance.

Convenor: Fleur Dwyer, dwyerfleur@gmail.com

Program Contact Person: Rosie Bunton



NEW

U3ASC Wednesday Midweek Movie Club

Come and join the U3ASC Midweek Movie Club commencing on 24th March and every three weeks thereafter in the U3a Tura Beach Centre. The group will watch a movie then discuss various films, initially based on a common director or subject matter and then others chosen by group members. The Session will commence at 5.30 pm and (hopefully) finish by 8.00 pm with members bringing their own food and other refreshments. As the Centre kitchen may still be closed due to Covid protocols, members will also need to bring their own utensils, glasses, cutlery, etc., and their own cushion if preferred as the plastic chairs will be challenging for the duration of a film!

When: Wednesdays, commencing 24 March 2021 and then 3 weekly @ 5.30 pm–8.00 pm.

Where: U3asc Tura Beach Centre, BYO food.

Cost: \$3.00 - please enrol online and note that our numbers will be limited to ten members only due to Covid protocols.

Joint Course Leaders: Wal Wolzak email: wal.wolzak@gmail.com and Kaye Separovic email: kayeseparovic@gmail.com

Program Team Contact: Elizabeth Stacey

Email: eastacey@bigpond.net.au

DID YOU KNOW?

U3A Sapphire Coast is currently operating around 30 courses. To find out what's on offer, keep an eye out in the monthly Newsletter, and go to the U3ASC website: <https://www.sapphirecoastu3a.org/>.

Learn, Laugh and Live!



THE UNIVERSITY OF THE THIRD AGE

U3ASC COURSE LEADERS' MORNING TEA

About twenty of our wonderful course leaders gathered on Tuesday 16 February for morning tea at Rosie Bunton's beautiful B&B at Tura Beach. For some it was a chance to catch up with old friends. For others it was a chance to put faces to names (or bodies to faces for those who had only met previously on zoom).

The morning tea was hosted by the U3A Programs Team to welcome new course leaders and to say thank you to those course leaders who have continued to share their skills, experience and knowledge with U3A members through what was really a pretty crazy and difficult year.

Sue O'Loughlin, Program Team



A BIT OF U3ASC HISTORY

In 1997 a few of us held a meeting, and the outcome was that a committee was formed. It was then decided to call ourselves Sapphire Coast Leisure Learning, as no one in the area seemed to have heard of U3A. We wanted it affordable for everybody in the senior age bracket, and some of us had to step up to the plate and offer a course. The three Merimbula churches, the Bowling Club and the RSL were on board with us to create venues for our courses.

Some of our first ongoing courses were Calligraphy, Italian, Tai Chi, Microsoft workshops, Armchair Travel and Astronomy. Other short courses included Basket Weaving, Silk Painting, Let's talk Colour and Building a Train Set. We also created courses to play games like Mahjong. Some one-off talks were on different subjects like Helicopters and Walking around the Lake Looking at Nature. Then we realised we had created something special for our community, and this is when we joined the university of the third age organisation and became U3A Sapphire Coast.

Now all these years later it's time to look at our next AGM. Please consider how you can help both with the committee and offering a course – one-off or ongoing.

Val Currie, Life Member U3ASC

KEEP OLD TIMER'S DISEASE AT BAY WITH ARABIC (Introduction to) IN TERM 2

Amaze your friends by writing the wrong way around. Startle the grandkids by making funny noises. Exercise those grey cells and learn some basic Arabic. So much more challenging than crosswords – and much more social.

It is a lovely language which will keep you entertained for the rest of your days. The grammar will drive you nuts initially, but there is a logic to it which you will come to love. Like all languages, you will need to put in a little daily practice to get results. If you've ever studied linguistics with Malcolm, this will be a breeze.

You'll never sound like a native speaker, but you will delight the people in those far-off places you are going to visit after COVID is just a dim memory.



All this for just \$4 a session.

Beginner classes will start at Tura Beach Centre on Thursday 22 April from 9.00 am – 11.00 am.

Bring a notebook and pen. Notes will be provided initially and then a textbook will be required after you have decided that you want to continue. Looking forward to meeting you,

John Fuary, Course Leader

THE FOURTH WEDNESDAY BOOK CLUB is off to an exciting start to 2021. We have welcomed back most of the readers from last year as well as a new member. We have returned to the Tura Beach Centre for our monthly gatherings, which everyone is happy with and which should continue through the rest of the year, fingers crossed.



Our first book of the year was The Yield by Tara June Winch, a Wiradjuri woman and prize winning novelist, who has published three books including The Yield. This book is a contemporary Australian novel that tells a story of cultural and historical dispossession through interwoven narrative voices and language. It begins with August Goondiwindi, an indigenous woman who has returned home after a prolonged absence overseas. August has returned to her ancestral homeland for the funeral of her beloved 'poppy,' Albert Goondiwindi. Soon after her arrival she discovers that her homeland now belongs to a mining company with plans to build a tin mine. This knowledge together with grief and guilt threaten to overwhelm August as she desperately tries to uncover and reconcile the past. Albert Goondiwindi is the second narrator and guides the reader through the gaps of the past via a dictionary of the Wiradjuri language which he has put together so

that he can pass on the memories and language of the Wiradjuri people. The third narration woven into the story are letters from a former missionary, Reverend Ferdinand Greenleaf, in 1915. These letters tell an all too familiar story of loss and what could have been.

Most of us in Wednesday book club really enjoyed The Yield. We loved the richness of the Wiradjuri language and how it was crafted into the story. The book also prompted spirited discussion around individual experiences of Indigenous and non Indigenous relationships in the past and leading up to some of the issues of the present. It was interesting listening to the range of opinions felt by the group both in relation to the novel and contemporary reconciliation issues. Some in the group felt the ending was a bit rushed and may have been a little ambitious, but overall our opinions of the structure and content of The Yield were positive and we all agreed it would be a welcome addition to Australian schools. There was also discussion of the importance of The Uluru Statement of The Heart to Australian Indigenous relations and the way forward for all Australian people. If anyone would like to read this document it can be found here: <https://ulurustatement.org>

Gaye Dryden, 4th Wednesday Book Club.



CRITIQUING CINEMA UPDATE

Our 2021 group of Cinema Critiquers consists of 12 at present - 7 previous members and 5 new members.

Our film for January was **Penguin Bloom**, with 7 of us seeing the film at the Picture Show Man Cinema and then discussing it afterwards at the Sapphire Club. February's film was **Blackbird**, with 5 attending.

Members enjoyed both films and the very interesting conversations we had about them.

Looking forward to seeing and discussing many more interesting films throughout the year.

Lorraine Young



U3ASC ITALIAN FOR BEGINNERS COURSE

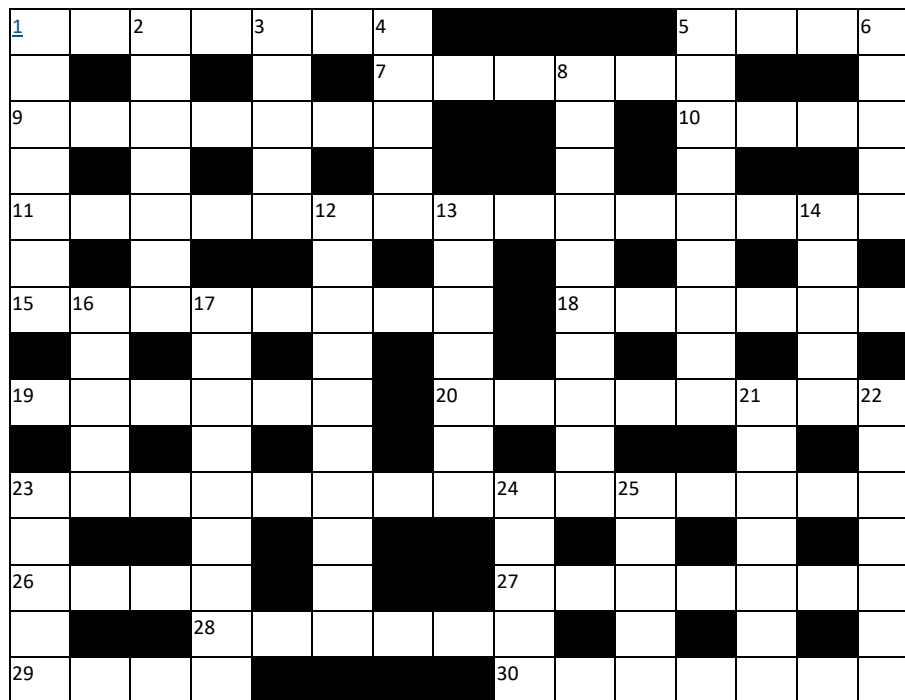
Missed out on Italian last year?

Places in the beginner Italian classes go very quickly, so maybe you missed out last year. But course leader, Teresa Hamer, currently has room for a few more in her Gruppo 2 class, which is held on Thursdays from 12.30 to 2.00 at St Joseph's Catholic Church hall in Merimbula. This is definitely a beginner class so no, or very little, Italian is needed.

If you're interested give Teresa a ring on 0408827794.

Travel restrictions won't last forever so start preparing now. La bella italia is waiting for you.

CROSSWORD 203 by John Scrivener



CROSSWORD 203 CLUES

ACROSS

1. Stops wayward way sides (7)
5. Hard ball sounds hearty (4)
7. Business loud charge drink (6)
9. Soft dead astronomical unit fairly flat (7)
10. Aid sailor and in Paris (4)
11. Hair in fine particles and transport worry (6,3,6)
15. Acid for double road surface integrated circuit (8)
18. Short hello and gasp, perhaps at Jordan mountain (6)
19. Be quiet right naughty boy crustacean (6)
20. Is first fervent small balls used to be made by dropping from a height (4,4)
23. Untidy old song title (3,4,3,5)
26. Alone and one short of mixed ship (4)
27. Short place of learning with a prehistoric casket for a believer in oneness (7)
28. Can you find a this? Sure of? (3,3)
29. Knot right row (4)
30. Shimmer at Spanish slant (7)

CROSSWORD 203 EASIER CLUES (at request of U3ASC Cryptic Crossword Class)

ACROSS

1. Di sets, perhaps, stops (7)
5. Hard ball sounds hearty (4)
7. Drink from starts of cocoa often for free ever early (6)
9. Dish by astronomical unit is flat (7)
10. Lincoln and intersection to assist in crime (4)
11. Mix-up long lock within gritty materials and rail transport for such a worry (6,3,6)
15. Road covering by two with an integrated circuit for an acid (8)
18. Has pig makes Jordan mountain (6)
19. Quiet! Rip-less end and politician for crustacean (6)
20. Small heavy metal spheres of top actor with photograph (4,4)
21. Untidy old song title (3,4,3,5)
26. Sun zero alone (4)
27. I cut sin to create a believer in oneness (7)
28. America before without ends! Can you find a this? (3,3)
29. A row said like a sad reaction (4)
30. The distance across the river with the start of glen makes a piece of glittering material (7)

DOWN

1. Storage place contains is backward for storage! (7)
2. One who fights – sounds like a Cockney bird! (7)
3. Appears and reportedly geological beds (5)
4. Second country dive (5)
5. Heat dress, perhaps, for car comfort (4,5)
6. Language of US city can? No, dead! (5)
8. Gold! Strafe clip maybe (5,5)
12. Wild stumbles, see at tantalising take off! (5,5)
13. Body ornament for narrow lease (7)
14. State of mixed first-class brick carrier (5)
16. One who is noble starts after tea honours every lord (5)
17. During managed journey right I pass for flag (9)
21. Aural court session? (7)
22. Field of operations has heat inside truncated French very (7)
23. Fool before French and valuable thing (5)
24. Times belonging to us, say (5)
25. Printer's page of new sheet, proper article (5)

DOWN

1. Post die, perhaps, to place in safe-keeping? (7)
2. One who boxes with light blows perhaps using double right spear? (7)
3. I hear the sewing line between cloths appears to be (5)
4. Commencing swimming costume under bather's arm? Probably he will not need this breathing device! (5)
5. Boss sleeps? Could use these in the car to assist! (4,5)
6. Dead language troubled lain intersection (5)
8. Top of the queue? Trees with stirred tea at Presbyterian Ladies College! (5,5)
12. Tripe seats gives men's show! (5,5)
13. Body ornament can be to allow after play amorously (7)
14. I and mixed-up tennis player Lew come from US state! (5)
16. One who is noble beginning after tea honours every lord (5)
17. French flag for example. Organised journey containing right eye, say, and mountain pass (9)
21. Not pleasant to be hard off! In law the trial of an action (7)
22. Playhouse at within there (7)
23. Tessa's back useful thing (5)
24. Hospital belonging to us at times (5)
25. Printer's page of new sheet, very proper article (5)



U3A ADVENTURE WALKING TO WOLUMLA GOLD FIELDS.

At about 12 degrees it was an absolutely glorious morning for our Adventure Walk to the Wolumla Gold Fields, better known as Policeman's Cap Hill in Yurammie State Forest, Wolumla. We started with a brisk walk to the top of the ridge on shaded pathways to the Gold mines. Luckily the mineshafts were fenced as the terrain was quite steep and shaley in places. The mines and surrounding areas were quite defined and some of the shafts and tunnels were very deep. Hopefully, some got rich here, as it certainly looked like really hard work for the miners. There was much speculation amongst our group as to how the miners lived and how hard it must have been for them.



We walked down to the Yellow Pinch dam where we stopped for morning tea and a bit of a break from walking. The foliage was so dense that views were hard to get excited about, but who doesn't like a dam setting for a morning tea break?

On our return we had completed 5kms and walked an elevation of 211mtrs in 2.5 hours due to our chatting and checking out all the mining areas we could. The group then went back to Potaroo Palace's Blue Wren café for lunch and tea and scones.

Pam Summerell U3A Adventure Walking Group

USASC Amazing Greys, led by Paul Daynes, sharing their song and sound with residents at Bimbimble (Hugh Cunningham Gardens) Merimbula.



CRYPTIC CROSSWORD FEEDBACK

For future planning purposes we would like to know how you are going with the Cryptic Crosswords by member John Scrivener that we have been including in our Newsletter for the last 3 months. If you have any suggestions about how we can improve this experience for you, please let us know by contacting Michele Patten at u3asoffice1@gmail.com

The U3ASC Cryptic Crossword Course that is being run by member Beryl McGrath has certainly been an eye-opener for those of us without any prior knowledge of the art of solving Cryptic Crosswords.

TABOO TOPICS – TATHRA

We have an enthusiastic group of 15 participants at the Bowlo on Tuesday mornings, and could take 1 or 2 more.

Recent topics include 'How best to prepare for an unknown future as we age', and 'The power of Facebook, can we do better?'

Neil Curry, Course Leader.



U3ASC SPANISH (Continuing) Course Update

Learning a foreign language is very good for a healthy brain, some experts say that it may reduce the danger of Alzheimer's. Spanish is one of the three major world languages, along with English and Chinese. These three languages are acquiring a broad base of speakers around the world, and are dominating world communications while the geographical expansion of these languages is staggering.

While I can help anybody to exercise their brain, I will keep volunteering to teach Spanish to U3A.

Gavina Bailey, Course Leader



Tech Savvy Seniors

Tura Marrang Library

- Introduction to iPads - Thursday 11 March
- iPads: all your questions answered! - Thursday 18 March
- Staying COVIDSafe using QR codes and your smartphone - Thursday 25 March

Classes are free and held from 10:30 am. - Bookings are essential so visit [Eventbrite](#) to secure your spot.

SEE YOU AT THE AGM

Wednesday
10 March 2021,
10:00am

Merimbula RSL –
Lantern Inn Room



CROSSWORD 203 ANSWERS

ACROSS

1. Desists 5. Hail 7. Coffee 9. Plateau 10. Abet
11. Stress and strain
15. Tartaric 18. Pishah 19. Shrimp 20. Lead shot
23. All over the place
26. Solo 27. Unicist 28. Use for 29. Tier 30. Spangle

DOWN

1. Deposit 2. Sparrer 3. Seems 4. Scuba 5. Head rests
6. Latin
8. First place 12. Strip tease 13. Necklet 14. Idaho
16. Athel (from Shorter Oxford English Dictionary)
17. Tricolour 21. Hearing
22. Theatre 23. Asset 24. Hours 25. Prima



Contributions & Feedback to the Newsletter
can be sent to the Newsletter Team by the 1st week of every month send by email to either:
Patricia: u3asoffice8@gmail.com or
Elizabeth: eastacey@bigpond.net.au



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