

U3A Sapphire Coast

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 /U3ASapphireCoast/

July 2022 Newsletter

PRESIDENT'S REPORT

Well, we 're roughly at the halfway point for the year and things are looking reassuring.



Membership is recovering from the depths of COVID. We now have 375 active members compared with 312 at the time of the Annual General Meeting in March. It's still well down on our 500+ numbers pre COVID, but the trend so far is steadily up. Bermagui U3A reports similar sluggishness with the return of their members post COVID.

Ongoing course numbers have held up through COVID, and our one-off course offerings are also looking good—thanks to our innovative Program

Team. We have a really great monthly newsletter and a terrific website.

Our financial outlook for the remainder of this year also seems reasonably healthy, even with the shift to paying full rent again from July 1, and one of the lowest annual fees of any U3A. We've also got money in the bank to cover even the most extreme contingencies, grant applications in the pipeline, and lots of people committed to the U3A cause.

A good time to be President I say! (Touch wood) But that's not to say we can't improve things.

We're still closely liaising with Bermagui U3A to finalise arrangements to share one-off presentations with each other. The first cab off the rank is a presentation at the Tura Beach Centre by Bruce Leaver from Bermagui on July 22. I've checked him out online and he's very good. Check out our website for details. Other such events are being arranged.

In addition, we're starting to take a close look at our Facebook site to get maximum value out of it, not only for current members but also to help spread the message to potential new members.

Finally, I'd like to hear from people about the newsletter, website, or Facebook site. Maybe there's some glitch we're unaware of, an information gap we've missed, poor design or layout, whatever it might be. If I don't get any feedback, I'll assume all is well. So don't miss the opportunity. My email address is below.

Otherwise, let's hope all remains quiet on the western front and that we can continue getting on with our lives, including enjoying all that U3A has to offer.

Paul Strutynski (President) u3ascpres1@gmail.com

FOLLOW US ON FACEBOOK

Follow us on our FB page to stay up to date with the latest updates and local news events. We would also love you to share your experience and photos with us on our FB page.

www.facebook.com/U3ASapphireCoast



Welcome

New Members:

- Alison Keenan
- Fiona Doquile
- Neva Castellarin
- Odette Bellicanta
- Judy Done
- Kelly Pettigrove



Management Team Member Profile: Carolyn Smith

Prior to joining U3A Sapphire Coast I was a teacher with the NSW Department of Education for 32 years.

I have a long history of volunteerism - mainly sport related. The Sydney Olympics in 2000 was a highlight. More recently, I received the National Emergency Medal for my involvement as an RFS volunteer (in communications) during the 2019/2020 Black Summer Fires.

My Mum and I moved to Bega in 2016. Mum has a diagnosis of Alzheimer's Disease and I am her full time carer.

Moving to a new community in which I knew few people was a bit of a challenge, so in order to meet people and be useful, I joined the NSW RFS, U3A SC and Wildlife Rescue Far South Coast. Three very different organisations with great need of volunteers.

I joined U3A in 2017 and became Secretary before I had even done a course! I remained Secretary until the AGM this year and am now a general committee member, enjoying working with our new management team. I have spent time on Team Office and am a member of the Program Team.

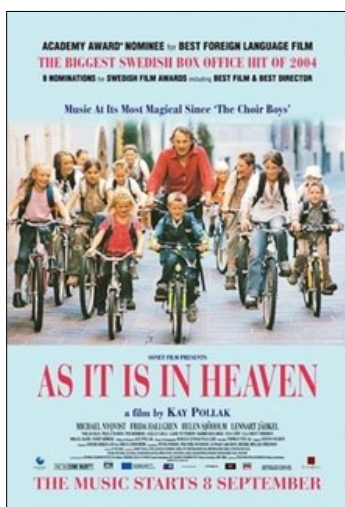
As a long-term student of Astrology I put my hand up to run a class in Bega – this pushed me outside of my comfort zone but it was lots of fun! I think the message for me, was that you don't have to be a world class expert or have a formal qualification in a subject to lead a U3A class or to give a talk - you just have to choose a topic that you know something about and be prepared to share your knowledge with others.

Being a volunteer with U3A SC is a rewarding experience for me and I have met and continue to meet, lots of new and interesting people along the way.

Carolyn Smith



Film Review



Our film this month was 'As it is in Heaven' and chosen by Nikki – thank you Nikki!

When discussing this film there was a suggestion from our group that the title could refer to The Lord's Prayer 'Thy will be done on earth as it is in Heaven'. This created another level of interpretation over the film which was set in a small, isolated religious community with a tyrannical pastor.

The film explores how a choir can bring people together through song and create a spiritual bond of togetherness that may loosen previously held inhibitions. This of course, has consequences for the village community.

Most of our group enjoyed the film and found it uplifting, especially the final scene where each member of the church choir finds their voice and are joined by all the other contestants in the competition as they all rise together in song.

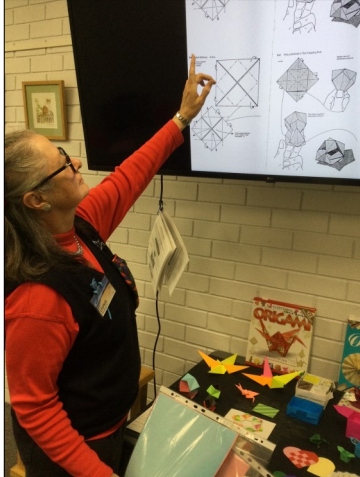
Unfortunately, the film is no longer available on SBS On Demand.

Midweek Monthly Film Group.

ORIGAMI and PAPERCRAFT WORKSHOP

A HUGE thank you to Leonie Barrett for her engaging ORIGAMI & PAPERCRAFT WORKSHOP held June 3.

Due to popular demand a follow up workshop with Leonie is happening 1:30 to 3:30pm Friday August 12 at our U3ASC Tura Beach Centre.



Loved creating those friendship balls, boxes and wreaths but aspire to completing cranes, frogs, fancy serviettes, pop up cards and more?

In this workshop we will be creating some of these more complex items, as well as easier projects. BEGINNERS are welcome and will be supported as we work cooperatively.

Cost: \$5 Payable by **CASH** on the day. **DON'T MISS OUT BOOK NOW!**

RING or **MESSAGE:** Sandy Coates on 0416 228 211

SAVE the DATE: 1:30 to 3:00pm Friday August 12 **U3ASC Tura Beach Centre**

TOUR plus more @ SAPPHIRE COAST HISTORIC VEHICLE CLUB

Bring along a GUEST, share the day, they don't need to be a member of U3A.

WHEN: 10:15am TUESDAY JULY 19

The Sapphire Coast Historic Vehicle Club supports the use of veteran, vintage and classic vehicles and motorbikes. The club is in a rural setting and includes large clubrooms, a fully equipped workshop, plus exhibition & education pavilions with over 60 historical cars and a large tool collection. What hidden treasures!.

After the tour enjoy a cuppa and have a yarn with some of the vehicle owners who are passionate about their wheels.

It's a 10:5am meet and greet at the **SCHV Club** with plenty of parking space. At 10:30am our knowledgeable Tour Guide leads us through the pavilions.

Would love to see you at the SAPPHIRE COAST HISTORICAL VEHICLE CLUB, off Settlers Road, South Pambula, about 15 minutes south from Merimbula Airport. ADDRESS is 15 Greigs Flat Road, SOUTH PAMBULA



COST: \$12 Members or Guest **CASH** on the day.

BOOK online using our U3ASC website or Phone/message Sandy (Programs Team) 0416 228 211

NEW ONE-OFF COURSES

- Sapphire Coast Historic Vehicle Club Tour
Course Leader: Sandra Coates
Tuesday, 19th July 10:15
- The Pilbara: the story of the planet's formation.
Course Leader: Bruce Leaver of Bermagui U3A
Friday, 22nd July 1:00-3:00
- Charles Darwin's Grand Idea
Course Leader: Paul Strutynski
Friday, 29th July 1:00-3:00
- Follow-up Origami & Papercraft
Course Leader: Leonie Barrett
Friday, 12th August 1:30-3:30
- An Interactive Experience @ PANBOOLA
Course Leader: Sandra Coates
Friday, 9th September 10:15-12:00
- The One-Off, Legal Issues for Seniors that was to be held on 22 July, has been cancelled due to lack of interest.



[LINK to one-off courses](#)

BIO NOTES - BRUCE LEAVER FROM BERMAGUI U3A



Bruce is a science graduate and his career experience was in national park management and heritage conservation in three states and with the Commonwealth.

He has been a U3A presenter since 2018. His sessions cover earth and natural history including a local perspective on the origins of our landscape.

Bruce lives on a small farm at Coolagolite near Cobargo. His wider involvement in the region was as Chair of Sapphire Coast Tourism for 10 years and as Chair of the Far South Coast National Parks Advisory Committee.

U3A Bermagui & District Inc.
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ENROLLING IN U3ASC COURSES

The details of all courses and one-off events are published on the U3ASC website before the start of each new school year, with an update prior to the commencement of each new school term.

New activities can also be published as and when they are arranged, so I recommend that you keep a regular check on our website.

Program details can be found by selecting the Courses tab.

[LINK to courses](#)



COURSE LEADER VACANCIES

Two of our most popular courses are currently not operating due to their Course Leaders moving away from the area. These courses are Critiquing Cinema and the Computer Group.



The **CRITIQUING CINEMA** group was attending one movie each month at the Picture Show Man Cinema in Merimbula (at a special discount rate), followed by an informal discussion and coffee at Club Sapphire across the road. The 4th Thursday of the month was the designated date, but this can be determined by the Course Leader.

Coordinating the group involves selecting a movie, notifying group members by email, recording attendance, and liaising with the two venues, as required. Training to access the U3ASC database for enrolments will be provided. The immediate past Course Leader, Lorraine Young, has left documentation at the U3ASC Office to ensure a smooth handover to the next Course Leader. This group is well established with 18 members currently enrolled.

The **COMPUTER GROUP** has not been operating since last year, although it had been ongoing for many years prior to that. The Computer Group classes were held on Thursdays, fortnightly from 10.00am to 12.00pm. The content was determined by the needs and interests of the group members, who shared the knowledge and skills they had with each other.

The Course Leader, Judith Reid and two other long-term group members, Carleen Maley and Karl Dietzel, worked together as a team. They endeavoured to have guest leaders for specific topics, and held Q & A sessions. The Course Leader had considerable IT skills, and it would be reasonable to expect that someone in this position would be capable of supporting the members of the group in this regard. The Course was being conducted in private homes by choice, but this is not essential, as the U3ASC Tura Beach Centre or other venues could be available.

If you would like to see these Courses continue, and would be prepared to give the Course Leader position a go, please contact the Program Team Leader:

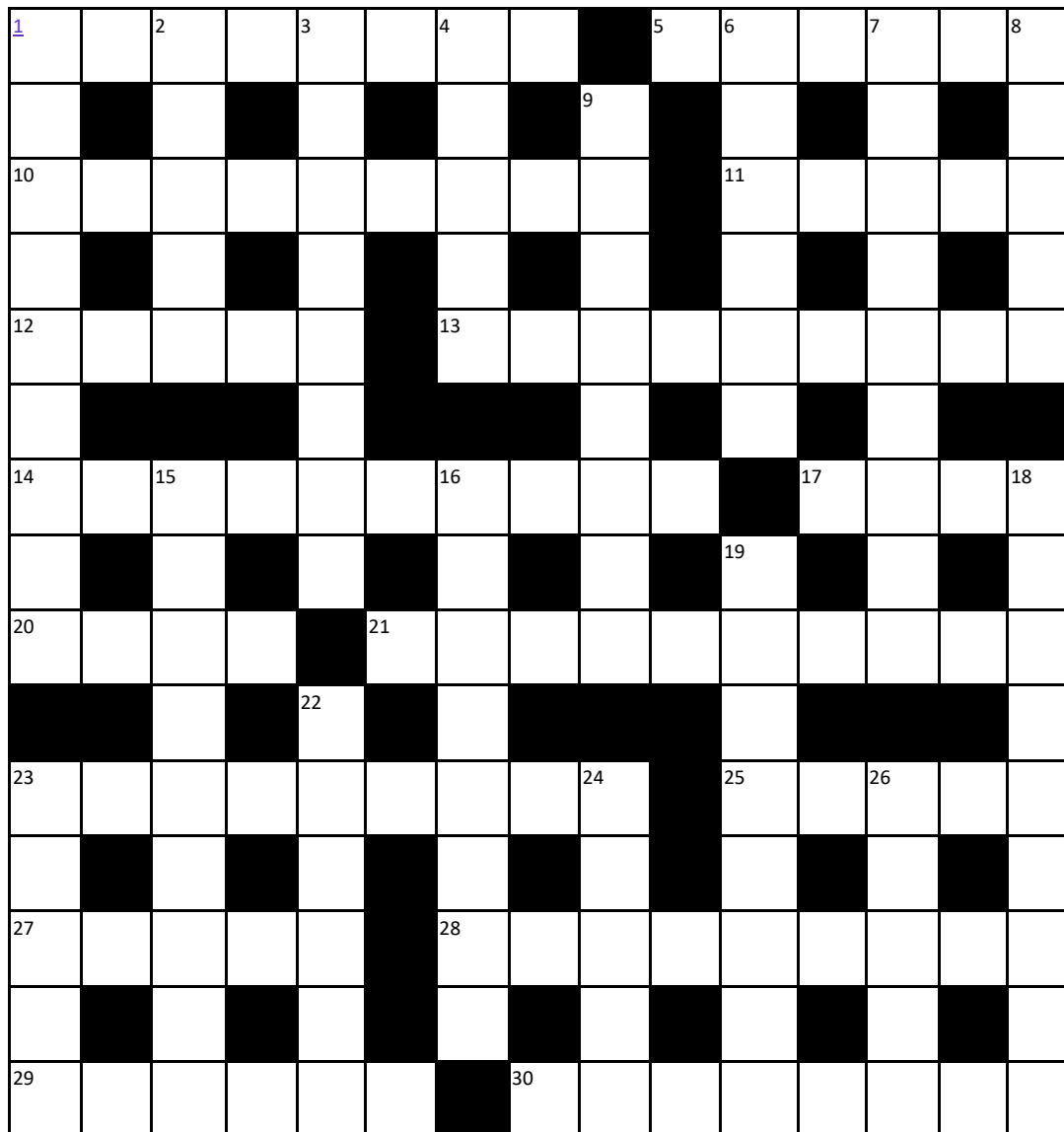
Sue O'Loughlin, at programs.u3asc1@gmail.com OR 0439 809 237.

TRIVIA QUIZ by BRIDGET O'HANLON

1. Drinking water after eating reduces the acid in your mouth by over 60%. True / False?
2. What, in grammar, is a tittle?
3. Rodolfo Hernandez has recently been elected the first leftist President of which South American country ?
4. Queen Elizabeth II has just become the second longest serving monarch in history. Who was the longest serving?
5. São Tomé and Príncipe is considered the least known of the African countries. What would be the best known?
6. What kind of word is Racecar?
7. In which year did the new Parliament House, Canberra, open?
8. Is an 'okta' a unit of measurement of cloud cover, thunder or rain?
9. Name the national sport of Papua New Guinea
10. What is the only food that can never go off or go bad?



CRYPTIC CROSSWORD 20119 by JOHN SCRIVENER



ACROSS

1. Liquidate spoken love and equalities (8)
5. Meal of choice for Polish alien? (6)
10. Here motoring organisation swallows us and difficult trail (9)
11. Say a vegetable unit of weight (5)
12. Picture frame? Comfort manual end (5)
13. Beating time. Underground negative I object (9)
14. Just yesterday! About coin overtaken say (6,4)
17. He is moneyed. Ease removed from sticky sweet! (4)
20. NSW town is in country as specified (4)
21. The only one selling fish and small traditional hesitation (4,6)
23. Insists and keeps the house in order (9)
25. Goodbye begins after dark in earthy undergrowth (5)
27. Small sign of the start at the Olympics for example (5)
28. She was famous first celebratory lion and touch of rheumatoid arthritis (9)
29. My dear becomes one of a small seven! (6)
30. Skinny vegetable European (8)

DOWN

1. A friend surly? Without beginning unprofessionally (9)
2. Took head off early contests and dispossesses (5)
3. Clothing fibre sounds like being sick in earthenware cooking dish! (8)
4. Witches here. And they are not women but mixed-up men! (5)
6. Heat up? Not fashionable (6)
7. A mature person would hate to hear this when applying for a job. Crease encompasses skill and loves (3,3,3)
8. The championship! Roof covering contains drink say (5)
9. Didn't enjoy your meal? Inappropriate attitude (3,5)
15. Actors, I opening criticise (9)
16. District small incorporated in demonstrate (8)
18. Castle leaders under natural and tough exercises are lucky (9)
19. Staple container. Second letter study camera swing (5,3)
22. Master perhaps flower (6)
23. Silented in Tumut educational centre (5)
24. To separate she follows is back (5)
26. Commence in paint roof (5)

Check out next month's Newsletter for the answers to this Crossword

Newsletter

Contributions & Feedback to the Newsletter can be sent to the Newsletter Team by the 1st week of every month.

Send by email to either:

Trish: u3ascoffice8@gmail.com

OR Kaye: kayeseparovic@gmail.com

U3ASC VOLUNTEERS NEEDED

THE PROGRAM TEAM. Our team has halved in size since last year due to people moving away or on to other priorities. There are now only 4 of us to manage all of the program work. This includes supporting all of our course leaders, maintaining the MyU3A database of courses, identifying new course and one-off opportunities and supporting new course leaders to set up and advertise their courses. We provide training - just basic IT skills needed.



NEW COURSE AND ONE-OFF LEADERS. We really need to build our program offerings to keep our members engaged and to attract new members. Any skills, interests - whether professional or hobby - are potential courses or one-offs, and we'll provide as much support as the potential leader needs. If you're not sure about doing it, give me a call and have a chat. Ask any of our Course Leaders about the satisfaction they get from doing it.

ONE-OFF PRESENTERS OR WORKSHOP LEADERS – BERMAGUI U3A.

Whether you are a current or former U3ASC presenter, we would be most appreciative if you are prepared to reprise your one-off for Bermagui U3A, as part of a reciprocal arrangement. Bermagui has already offered us four different presenters willing to come to Tura. We, so far, have only two to offer in return. Costs, such as petrol, will be met from course fees.

If you are interested, please contact the Program Team Leader:

Sue O'Loughlin, at programs.u3asc1@gmail.com OR 0439 809 237.

Thanking you in advance for anything you can do.

CROSSWORD 2018 ANSWERS

ACROSS: 8. Catch as catch can 9. Cinema 10. Occupier 11. Champion 12. Mussel 13. Ferrule 16. Ant beds 19. Tom cat 21. Remounts 24. Colinton 25. Unsure 26. Sinbad the Sailor

DOWN: 1. Radish 2. Screamer 3. Hawaii 4. Account 5. Stockman 6. Shapes 7. Take heed 14. Economic 15. Latitude 17. Blueskin 18. Crunchy 20. Climbs 22. Mousse 23. Torpor

TRIVIA QUIZ ANSWERS

1. True (61%)
2. A tittle is the 'i' above the letters i and j
3. Colombia
4. Louis XIV of France
5. South Africa
6. Palindrome
7. 1988
8. Cloud cover
9. Rugby League
10. Honey

MANAGEMENT COMMITTEE

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