

U3A Sapphire Coast

ABN: 85641263291

P.O. Box 798
Merimbula NSW 2548

www.sapphirecoastu3a.org

email - u3ascsec@gmail.com
f /U3ASapphireCoast/

November 2024 Newsletter

We Really Need Your Help!

We love that you enjoy all the courses that U3A Sapphire Coast provides, but now we really need your help.

All the work to plan, establish, provide and maintain the courses you attend is done by the **Program Team**, in conjunction with the Course Leaders.

To quote a well-known saying: *"Many hands make light work"*.

We urgently need more people on the Program Team to keep the workload manageable and enjoyable. It is a coordinating role, involving communicating with and supporting Course Leaders, and working together with the other Team members to come up with new one-off, short or ongoing courses. The more people on the Team, the more ideas and contacts are available. This is really satisfying work, and it's wonderful to see members enjoying the courses you have helped bring to fruition.

As a member of U3A Sapphire Coast, you have a right to expect that you can access a variety of courses that meet your interests, but unless members pitch in, unfortunately, it can be really difficult to keep things running. So if you value the work done by current and past volunteers - Course Leaders, Management Committee, Program Team, Team Office, Newsletter Team - then do please, if you can, offer to lend a hand. We'd really appreciate it! No particular skills or experience are required for the position - just an easy-going disposition and a willingness to get to know and work together with a lovely group of people.

For more information, and an informal chat about what's involved, please contact: Jane Thomson, Program Team Leader, at englishrose659@hotmail.com ASAP.



VOLUNTEERS NEEDED!

Course Leaders 'Thank You' Soirée!

Well, ok, it's not really a soirée, more of an afternoon tea, but it sounds so elegant, so we went with it.

The U3A Management and Program teams would like to invite all current and would-be Course Leaders to a party at the U3A Tura Beach Centre to celebrate the time and effort you put in to make this whole thing work!



For a chance to meet (or catch up with) other Course Leaders, find out what it takes to be a Course Leader (hot tip: it's not as hard as it looks) and, of course, enjoy lots of nice things to eat, come along to the **Tura Beach Centre on Saturday 7 December, 2.30pm to 4.00pm.**

RSVP to Jane Thomson (englishrose659@hotmail.com) by Sunday 1 December. It will be lots of fun, as always.

President's Column



As I said in my last column, the Management Team decided to increase our annual fee next year from \$30 to \$35. This should establish us on solid ground for the future.

And if you have any friends you think might be interested in joining our merry little band, now might be a good time to try to entice them. By joining now, their \$35 will not only cover all of next year, but the remainder of this year too.

Don't forget our annual Christmas party on Friday 29 November at the Club Sapphire in Merimbula. The Management Team has again agreed to substantially subsidise the cost, so that you're getting a main course, dessert and tea or coffee for just \$20.

But make sure you buy your tickets before 20 November. Non-members will have to pay the non-subsidised amount of \$38. There are more details elsewhere in this newsletter.

Cheers folks,

Paul Strutyński



Gisella Freitag
Kerry James
Marlene Lynch
Zip Summerell
Robert West

One-Offs / Short Courses / Workshops



'Seniors Taiko Drumming' with Reiko

Saturday 16 November

To enrol in a one-off or short course/workshop, go to Member Login on our website:

<https://www.sapphirecoastu3a.org>

'Seniors Taiko Drumming' with Reiko

Saturday 16 November - 1:00pm - 2:30pm

@ Sapphire Coast Anglican College, 2 Max Slater Drive, Bega

As 'Taiko, Tea & Chat' workshops were such a hit, monthly Senior Taiko sessions are being planned, starting Saturday 16 November, and then throughout 2025.



Reiko Healy's teaching experience and her infectious enthusiasm will have you beating in metrical unison and sharing this positive energy whilst experiencing a touch of Japanese culture. All equipment will be supplied: bachi (drum sticks), taiko (drums) and other traditional Japanese percussion instruments.

No previous experience necessary. Wear soft shoes, comfortable clothes and bring your water bottle.

Cost - \$15 Cash on the day for gym and percussion instrument hire.

COME ALONG... have some fun and let your inner spirit fly!

Book online <https://www.sapphirecoastu3a.org/>

PLEASE NOTE:

FRENCH FOR CONTINUING BEGINNERS WON'T BE ON FOR THE REST OF THE YEAR



THE UNIVERSITY OF THE THIRD AGE
Sapphire Coast



CHRISTMAS Lunch



FRIDAY 29 NOVEMBER - 12.00 NOON

@ Club Sapphire Merimbula
in the Sapphire Room



\$20/pp members | \$38/pp non-members
2-course meal | tea & coffee

If you have any special dietary needs, please let us
know as soon as possible by emailing Carolyn:
u3ascsec@gmail.com

There will be live entertainment, trivia, door prizes, and more...



Bookings through Trybooking - must be received
by Tuesday 19 November (12 noon)

<https://www.trybooking.com/CWVJO>

*Alternatively, you can pay at the Tura Beach Centre
on Friday: 8 and 15 November (1:30pm-3:30pm).*



The U3A Sapphire Coast Borrowing/Swap Library



Rosie Bunton with the newly installed library bookcases

The library is now up and running at the Tura Beach Centre, thanks to members: Kaye Separovic, Carole Thomas, Judy Brand, Alister Lee and Rosie Bunton. You will find books in shelving behind the desk in the office area, and DVDs in shelving in the kitchen. No borrowing record is required.

The books are arranged in alphabetical order by author, with the DVDs arranged in alphabetical order by title. If you return or add books or DVDs to the shelving, please ensure that they are located in accordance with this procedure.

We would like to continually improve the quality of the library, so if you have high quality fiction or non-fiction books you would like to donate, we would be pleased to receive them. However, the quantity of books/DVDs that we can store is strictly limited by the available shelving.



The library can be accessed when the Tura Beach Centre is open for classes during school term as follows:

Monday - 9:30am to 12:30pm and 1:00pm to 4:00pm.

Tuesday - 9:00am to 10:45am, 11:00am to 12:30pm and 12:45pm to 2:45pm.

Wednesday - 10:00am to 12:00 noon.

Thursday - 9:00am to 12:45pm and 1:00pm to 4:00pm.

Friday - 9:00am to 11:00am.

These times will be listed on the Tura Beach Centre door for future reference.

Unfortunately, the library cannot be accessed on Friday afternoons, as the Office area is needed for use by the Team Office volunteers.

Please be mindful that there will be classes being conducted in the main room at these times. While you are there, please close the door/s to the main room, and keep noise to a minimum.

We hope you enjoy this latest U3ASC initiative.

Michele Patten, Team Office - Email: u3asoffice1@gmail.com

Travel Sketch Booking - with Thanks to Lee Daynes



Several years ago, I attended an extended workshop run by Lee Daynes on travel sketch booking. Lee had travelled extensively and had wonderful examples from her own sketchbooks and from the internet to inspire us.

I'd been sketching for some time, including while travelling, but they were quick ink sketches done over cups of tea or waiting for flights and scrawled any old how on empty pages. I kept a separate written travel journal.

I still do the quick sketches but thanks to Lee's inspiration, I now combine the sketching and writing and put a lot more effort into my proper sketchbook.

Paul Strutyński (or 'El Presidente' as he prefers to be called) and I have recently come back from a trip, during which I got so much pleasure from working on my sketchbook in the evenings, that I thought I should encourage others to give it a go (and maybe encourage Lee to run another workshop?)

It's a small thing, but just one more way in which U3A has enriched my life over the last nine years or so.



Sue O'Loughlin, Traveller



'Rummikub'



Rummikub is a game of manipulation of numbers. You don't have to be excessively brainy to play Rummikub. It brings people together on Fridays and makes them think. All equipment is provided.

Refreshments can be purchased at the Club Sapphire Café.

Please contact our course leader if you are interested in enrolling in this class.

Joan Fisher, Course Leader

Mobile: 0448 983 784

Photographs are of our friendly Rummikub group enjoying the friendship as well as using our brains to ward off dementia!



EVERY FRIDAY
AFTERNOON
at the Tura Beach Centre
from 1:30 pm to 3:30 pm
*(except Public Holidays
& School Holidays)*



Come in if you need help to enrol
or to register for one of our classes;
or just for a cuppa, a chat,
or to meet our volunteers
and other U3A Sapphire Coast
members

Please note:

**Due to the Christmas
Party being held
on that day,
the Tura Beach Centre
Office will be
CLOSED
on Friday 29 November.**

TRIVIA / QUIZ by Bridget O'Hanlon



1. On which planet is the largest volcano in our solar system?
2. What is distinctive about the dog breed Basenji?
3. Rosie Lee is cockney slang for what?
4. Donald Bradman was born in which NSW town?
5. A Martini with an onion instead of an olive is called what?
6. Which famous fictional character is otherwise known as Viscount Greystoke?
7. Patrick Cripps (AFL) just received his second what?
8. What constitutes a Pyrrhic Victory?
9. Uluru is actually not the largest rock in the world. Which Australian rock has this distinction?
10. Which sight impediment is called strabismus?

(Answers on last page)



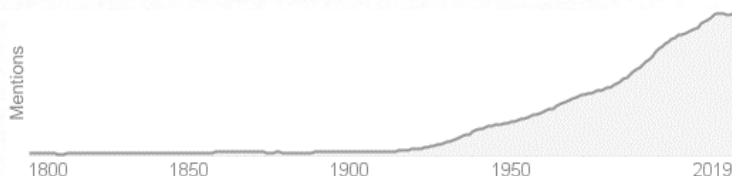
Film Review

'Midnight in Paris'

Available for borrowing from U3ASC Tura Beach Centre

This is a film all about nostalgia, art and romance, and how the human desire for connection stays pretty much the same, whatever time you happen to be alive in.

Nostalgia = a sentimental longing or wistful affection for a period in the past. Use of the word over time:



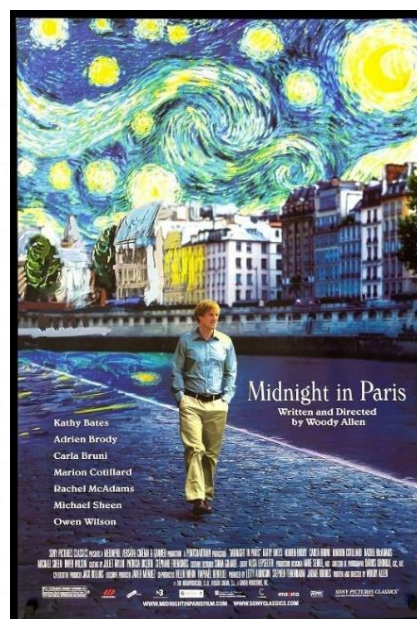
As the graph suggests, it seems one needs to have been alive for a considerable amount of time before nostalgia can be experienced - you need a past and not necessarily your own.

The film is hopelessly romantic and I loved every minute.

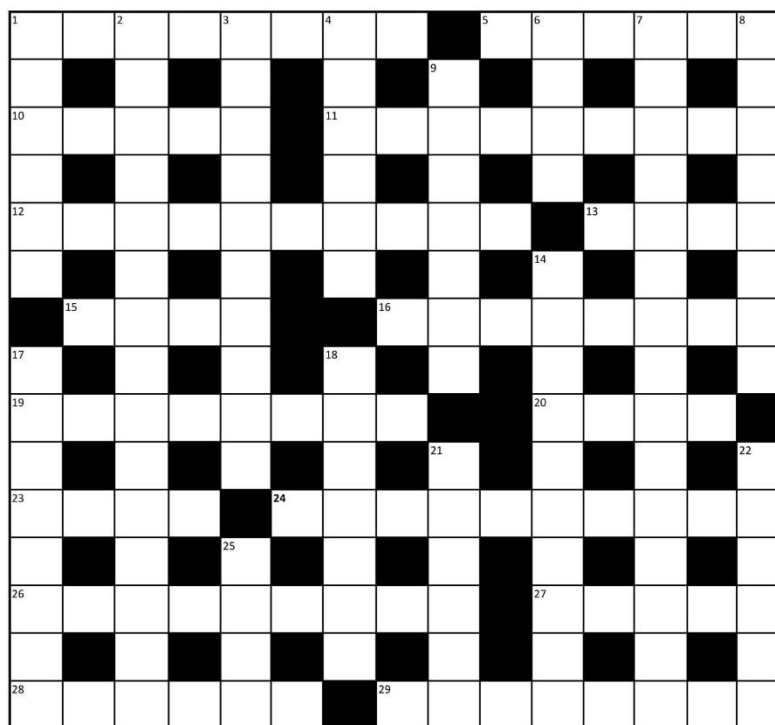
"He evokes poetic associations with every café where Hemingway might once have had a Pernod, and she likes to go shopping." This sentence demonstrates the clash of values of the betrothed protagonists, between modern life in America and a Paris of the past. It challenges the notion of a 'golden age' as it celebrates the artistic impulse. The opening scenes of Paris certainly evoke a nostalgia to visit or return to that beautiful city.

The quote is from this review <https://www.rogerebert.com/reviews/midnight-in-paris-2011>

Kaye Separovic, Midweek Monthly Film Group
kayeseeparovic@gmail.com



CRYPTIC CROSSWORD #2045 by John Scrivener



ACROSS

1. Untidy friend of tree (8)
5. Quarrelsome small person in an urban tammy (6)
10. Soothes us in fifties perhaps (5)
11. Hated by creditors and rude about five (9)
12. Croon scent by joiners (10)
13. God is a short prickly (4)
15. Diminutive soldier of fortune's car (4)
16. Stops drinks but still hotel's revenue (3,5)
19. Relax by downpour and keep in check (8)
20. Geoffrey's in a hurry (4)
23. Cease pans back (4)
24. Achieved a teetotaler's principal ten perhaps (10)
26. While I'm stern do maybe as a new person (9)
27. Dodge but first lady has sales pitch (5)
28. Not quiet not even rowdy starts meal (6)
29. Securities for example compere for a long time (8)

DOWN

1. Desire to inflict suffering on mother insect (6)
2. I less nice? Yellow is much accepted quietness (7,2,6)
3. Boss character? Give away cash for this (10)
4. Contaminates but isn't in Eliot? (6)
6. Seaman is competent (4)
7. In entirety when hogs and eel bath together! (3,5,7)
8. On the floor lock on the bed (8)
9. A master flowing! (7)
14. A parcel tie for the specialist whose sharp (10)
17. Supposed soft grass contains amount (8)
18. Rear of animal hair style (7)
21. Cuban who started counting after selling top rated oranges (6)
22. Guides cattle (6)
25. Irish mixed-up prophet (4)

CROSSWORD #2044 ANSWERS (October 2024)

ACROSS

1. Symphonic 6. Abbey 9. Angling 10. Ostrich 11. Erne 12. Didgeridoo 14. Gratitude 16. Heeds 18. Roast 20. Effectual 22. Outer space 24. Sloe 26. Lantern 27. Essence 28. Reaps 29. Astraddle

DOWN

1. Scavenger 2. Magenta 3. Hair 4. Negritude 5. Clong 6. Aftershock 7. Brindle 8. Yahoo 13. Bitterness 15. Efficient 17. Silveryeye 19. Antenna 21. Unlined 22. Oiler 23. Panda 25. Asia

Answers to this month's crossword will be published in our next newsletter.

NEWSLETTER

Production Team:

Carole Thomas - blackbrumby@gmail.com

Michele Patten - u3ascoffice1@gmail.com

Contributions & feedback to the Newsletter

can be emailed to our Editors
by the 1st Thursday of every month.
Trish Dive: u3ascoffice8@gmail.com

AND Kaye Separovic:
kayeseparovic@gmail.com

'Vale Coral Olive Herring †

26/9/1937 - 9/10/2024



We were saddened by the recent passing of one of our long-term members of U3ASC Tura 'Taboo Topics', Coral Herring. Coral had been an active and enthusiastic participant in many U3A classes over decades. She was an extremely intelligent woman with a lively enquiring mind which stayed with her to the end. Her interests included travel to outback regions of Australia, gemmology, astronomy, public affairs, square dancing, poetry and various board and card games which she enjoyed on a regular basis.

Born in Trundle, near Parkes, a pragmatic and capable countrywoman, after a long period living and working in Cooma and spending the weekend at the family farm in Bungarby, she retired to Merimbula.

One of her regular weekly pleasures was meeting Peter Coates and me for coffee at the RSL on Saturday mornings, and this is where we got to know her personally over more than a decade of meetings. Coral also met regularly with Mick Donohue and others many years ago at an astronomy group run by Donald More and later by Beth Jackson at Tura Beach.

Although she was relatively well off, Coral cared for those in need - e.g. Meals on Wheels and Community Transport. She was the most wonderfully warm and welcoming person, typified in the way she engaged with my 5-year-old grand-daughter who spent six months with me in 2020.

Hers was a richly textured life; one you could say was truly well lived.

Liz Akmentins

TRIVIA / QUIZ ANSWERS

1 - Mars; 2 - It can't bark; 3 - A cup of tea; 4 - Cootamundra; 5 - A Gibson; 6 - Tarzan;
7 - Brownlow Medal; 8 - A victory that inflicts such a devastating toll on the victor that it is tantamount to defeat; 9 - Mount Augusta (Burringurrah) in Western Australia is considerably bigger than Uluru; 10 - A crossed eye.

MANAGEMENT COMMITTEE

President	Paul Strutynski	u3ascpres1@gmail.com
Vice President	Garry Clear	garrypcug@gmail.com
Secretary	Carolyn Smith	csmith1611@gmail.com
Treasurer	Judy Brand	u3ascstreas@gmail.com
Program Team Leader	Jane Thomson	programs.u3asc1@gmail.com
Member	Roger Harris	rogercharris@bigpond.com
Member	Lesley Weekes	lesleybythesea@gmail.com