

U3A Sapphire Coast August 2021 Newsletter



Welcome
New Members

Geof Maher

Davina Hewes

Pene Butt



PRESIDENT'S REPORT

Welcome to the August Newsletter.

New South Wales has been declared a "State of Emergency" in July.

We cannot stress enough the work our volunteer committees are doing to provide a safe environment within the Tura Centre for all persons. Please respect their position and abide by our decision regarding the wearing of masks within the centre.

If you are entering the centre we ask you to wear a mask at all times within the centre. If you are unable to wear a mask then we ask you NOT to enter the centre.

Please have consideration for others as well as yourself and stay away until mask wearing restrictions are lifted. As we have mentioned before the majority of our members are at a vulnerable age and our major concern is to continue to provide a safe environment so that we can all escape for a short while doing what we enjoy.

Looking forward to happier times such as our Christmas Party. We are looking for a person or persons to plan our 2021 Christmas Party. If you are interested, please contact a member of our Management Team.

Some of our courses are being held outside the Centre, such as, the art group and the writers' group. We also have some new courses, dog walking and easy walking, providing interaction with others as well as exercise during these difficult times.

Stay safe
Sue Fowler, President U3ASC

NEW U3A COURSE **LEARN LAWN BOWLS @ TURA BEACH COUNTRY CLUB**

If you would like to improve your fitness levels, expand your friendship base and learn a new skill, then Lawn Bowls will do that for you.

Coaches will teach you the basics in a relaxed and friendly atmosphere.

All equipment is supplied. You will need to have flat-soled shoes, comfortable clothing, a hat, sunscreen and your own water bottle. We will meet on the five Fridays in October from 10.30 -12 noon.

Cost is \$10 per week for bowls hire.

Ray Redman
lawmarlodge@gmail.com
0418415426



PLEASE NOTE

TRIVIA QUIZ COURSE, scheduled to start on 17 August has been **postponed** indefinitely because of current Covid restrictions.



COURSE LEADER PROFILE – JAN PORTER – CONVERSATIONAL FRENCH

I joined U3A in 2006 when I stopped teaching languages at Eden Marine High School after 20 years. My motivation was to maintain an active mind.

It wasn't until I received a phone call from Anne Hambling asking me if I would be interested in teaching German (she had been in an adult class I had taught over 20 years before) that I became more involved by starting a class. Because I enjoyed it so much, not long afterwards I began a French class, which proved to be longer-lasting, 14 years in fact. Of course, I have had time-out to travel, particularly to Europe.

L to R - Pauline Seberry, Patricia Hamilton, Jan Porter, Vernon McNeil. Absent Margaret Gaunson

I have really enjoyed meeting, teaching and getting to know many U3A members over the years. Also, it has been rewarding to see their progress and hear their life and travel stories. Along the way we have enjoyed ourselves which is very important.

The group is small these days but very enthusiastic. We have just about finished our second course book and plan to supplement our weekly conversation time with a new textbook and some reworking of the current one. Vive le français!

Jan Porter

GOURMET TRAVELLER GROUP ENJOYS CHRISTMAS IN JULY.

The joy of giving and receiving gifts was well and truly alive at the Gourmet Traveller mid-winter celebration of a northern hemisphere style Christmas on July 16. After doing all the Covid safe check-ins, Margaret's happy group was made extremely welcome by a very obliging Bega restaurant team of manager, chef and restaurant staff. Welcomed were old and new members and guests, birthdays were toasted and then the wonderful spirit of Christmas, food, wine and happiness progressed to the Kris Kringle exchange of gifts. Just look at the smiles of our jolly Santas handing out the presents.



Gourmet Traveller meets on the 3rd Friday of the month at various restaurants all around our local towns and villages and, when possible, enjoy away times as we did with an overnight stay at Moruya in March.

Contact Course Leader Margaret Evans for more information, Phone 0488951172 or email margaretevans22@bigpond.com



LETS PLAY 500

We are a non-competitive group that enjoys the fun, laughter and sharing of thoughts almost as much as the cards. We meet at the U3A Centre Tura Beach on Monday mornings from 9.30am until 12.30pm rain, hail, shine and public/school holidays. New members are very welcome although a basic knowledge of 500 is required as we do not offer lessons.

Trish Hazell, Course Leader.

Card Sharps at play.



BOLIVIA – Thursday 1pm-4pm St Clements Church, Merimbula

Bolivia is a game of cards played each Thursday afternoon at St Clements Church Annex in Merimbula. It is played with 3 packs of cards with 3-4 players in each game. We have 14 members on our list.

The members were of course not able to play for some time last year due to the Covid virus so were delighted to know the Church allowed us to continue this year. Our thanks to Jenny Crawford at the church for allowing us to use the annex and keeping us informed of NSW Government rules and restrictions for playing. We were only allowed 12 players at first and now only 8 with the current situation.

We are happy to be with friends again and of course keep our brains active.

Sue Birks 0427 113 550 or Judy Ridgway 0435 514 778 for enquiries.

COURSE LEADER PROFILE - MARGARET EVANS - GOURMET TRAVELLER

My first paid job was as a six-year-old on our family dairy farm in the Bega Valley. Bean pickers were being paid, I wanted some of the action, and after being allowed to pick a billy-can full, my father gave me sixpence and sent me home to mum. I did not realise at the time but that experience aroused my curiosity and lifelong appreciation of fine gourmet food and wines the world over. I never forgot that lesson. Share, the rewards are priceless. When a teenager I commenced training as a cadet nurse at the original Old Bega Hospital, I remember a doctor chasing possums out of the kitchen and down the hall with a broom after they had eaten the cake Cook baked for doctor's afternoon tea. Lesson: look after your food. Later I moved to the city, working for Ansett Pioneer Coach Tours, Avis and NSW Govt Railways learning ticketing and travel booking procedures. Returning to my hometown, I commenced a career as an International Travel Consultant, and eventually travelled the world several times. Each was an experience of excellence, I met many wonderful people from different cultures, rich and poor, who taught me respect for every person upon this planet and an appreciation of all foods, delicious, delightful, different and dreadful, which are available in the world.



Margaret Evans
with Chihuahua
"TEACUP"

My husband and I went on to develop a thriving furniture removal business at Kalaru. With development in our region I was appointed a Community JP. Later, when I had time, I rekindled a love of history going on to write and publish six successful local history books for which I was admitted to the degree of Writing Fellow with the Fellowship of Australian Writers and awarded a Community Service Award from the Premier and NSW Government.

In 2014, I became a U3ASC member and joined the Computer Group. In 2015 I joined the committee and volunteered for the vacant position of Vice President for that year, remaining on the committee for about four years. I attended Lyn's Cooking Classes at Tathra, joined Taboo Topics, 4th Wednesday Book Club, Critiquing Cinema, the Wine Appreciation Group and now the Slow Food Appreciation Group, also presenting One Offs.

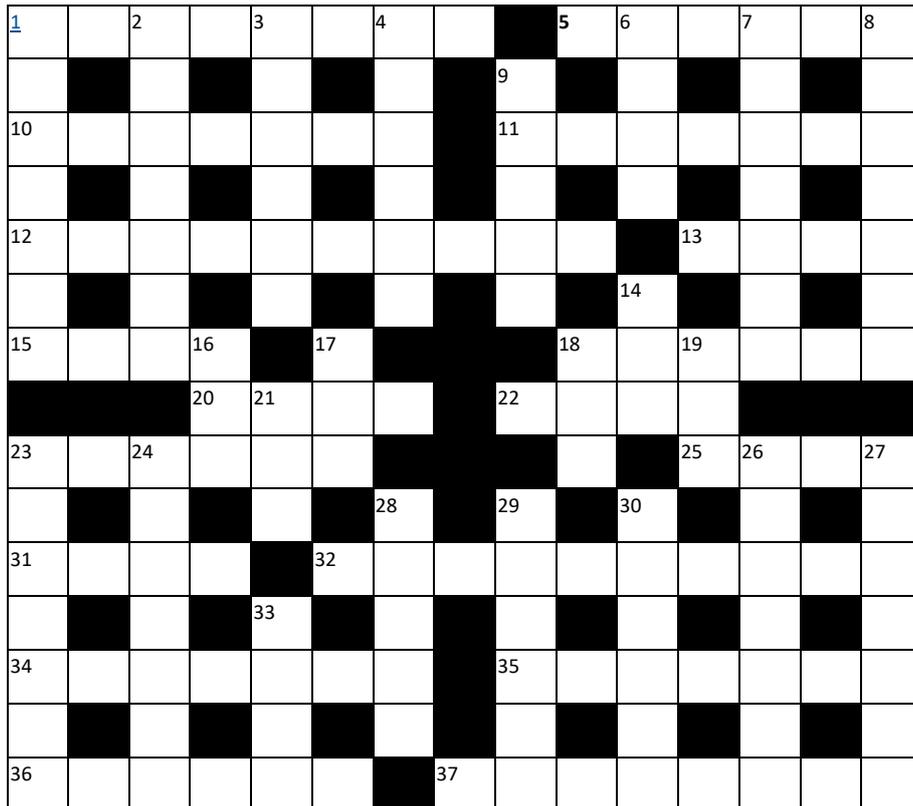
I have always considered one should contribute to your community so I decided I should return something to the U3ASC membership who had been so generous with their time and friendship to me. I formed my Gourmet Traveller Group about five years ago, originally under the name of Leisurely Lunching. As a coach trip to Mogo Zoo materialised, the more appropriate name of Gourmet Traveller popped up. We booked a short Foodie cruise out of Sydney, but as they changed it to an Elvis Appreciation Cruise that our group did not care for, unfortunately our cruise did not happen.

Recently we travelled to Moruya for an overnigher, with more in the planning, such as a trip to Sydney Mardi Gras. Four people have put up their hand. Any More? Getting around Covid could be a challenge, so make sure you get your Covid Vaccinations and call me on 0488951172 if interested.

Our G T members offer ideas for restaurants and travel, we inspire each other and choose together.

Margaret Evans 4th August 2021

CRYPTIC CROSSWORD 208 by JOHN SCRIVENER



CROSSWORD 208 CLUES

ACROSS

1. It sounds as if this may be used to calculate the losses of the ruined vessel by the possessor! (8)
5. An opportunity from cane church (6)
10. Olympian who is surprisingly nasty with his General Manager (7)
11. Sloping surface and skill portion of fortifications (7)
12. Crime scoop? Perhaps it makes the small larger (10)
13. I pat flat bread (4)
15. Decapitate 33 sound for her (4)
18. Spoken money and French distinguishing mark (6)
20. Starting operating engine unobstructed (4)
22. Roman senator may cover perhaps (4)
23. Steady horses are here (6)
25. The full extent of a spring at noon (4)
31. Leave out expression of surprise at American university (4)
32. Canberra's home for this average expression of grief containing one (10)
34. 10 may use this ambush and the sound of freedom from anxiety (7)
35. Too old to get nice tan? (7)
36. To play the record you require the Parisian! (6)
37. Hid the shortened Mediterranean island within the progeny (8)

DOWN

1. Reduce the military unit for a prevailing system (7)
2. Funny business of fifty holds mineral (7)
3. Speaker love pest alternatively (6)
4. Inveigle part of present iceberg (6)
6. Sweet place opens his old mate's ego (4)
7. Ran? Is he close? (7)
8. Specialist may declaim violently to participant (7)
9. Pancake may move slowly and strangely! (5)
14. Mammal wink! (3)
16. Tennis shot fronting crustacean (3)
17. Support sounding cuppa! (3)
18. Transport reverse back without kilo (3)
19. Lettuce short for the reason that! (3)
21. A thickness to use (3)
23. Lessen bill! (7)
24. Shake up a soldier at gallery (7)
26. Gift now (7)
27. Marked denial consumed 500 (7)
28. News source of soft food and queen (5)
29. Soft temporary possession to give satisfaction (6)
30. Performer moves tin communist (6)
33. Enlargement of a tube end which is the start of a trend indicator (4)

TRIVIA QUIZ by BRIDGET O'HANLON

1. A non-alcoholic drink of ginger ale and grenadine is named after which Hollywood child star?
2. Which was the first Australian state to give women the vote?
3. The Ten Commandments are first mentioned in which book of the Bible?
4. A deceptive delivery from a fast bowler in cricket is called a?
5. How many Grammy Awards has Barack Obama won?
6. What is the floral emblem of NSW?
7. The world's longest stretch of rail line is in – Australia, Canada or China?
8. Majorca is in which island group – Andaman, Balearic or Canary?
9. Leonardo da Vinci was born in which century?
10. Who is reputed to have invented spectacles?



FOURTH WEDNESDAY BOOK GROUP



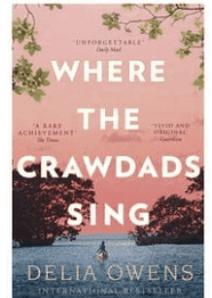
The (masked) Fourth Wednesday Book Group recently discussed *Where the Crawdads Sing* by Delia Owens. This is a first novel by Owens, a respected American zoologist, who has previously only published in her academic field in such prestigious journals as *Nature*. The book has been received with acclaim and a film of the book is to be released in 2022.

It is the story of a young girl, Kya, growing up in the marshlands of North Carolina in the decades after World War Two and tells of a struggling poor white family who are disrupted and destroyed by the ex-soldier father's alcoholism and domestic abuse, leaving a young child to survive alone in a beautiful

natural environment near a small southern town complete with small town prejudices towards the poor whites and the black population.

Within themes of survival and loneliness there is a murder mystery and a trial and our discussion covered many aspects from the beauty of the descriptions of the bird life and the waterways of the marshland to Kya's childhood and resilience in a harsh natural and social environment. Most of us enjoyed these main themes in the book though in our robust discussion some of us expressed some dissenting responses.

Elizabeth Stacey, Course leader Fourth Wednesday Book Group



WATCH THIS SPACE
U3A ASTRONOMY COURSE
presented by Astronomer David Nicholls
COMING SOON



SEARCHING FOR YOUR ANCESTORS

My name is Caryl Kennedy and I would love to help people search for their ancestors. This can be done in one session in my home for a small one-off cost of \$15. This would be an ongoing search as more hints come to light every day and it can then be done online. I do this through [Ancestry.com](https://www.ancestry.com) at no extra cost to my clients.

Our home is COVID free and we are both immunised, however, there is also the option of holding the session by phone.

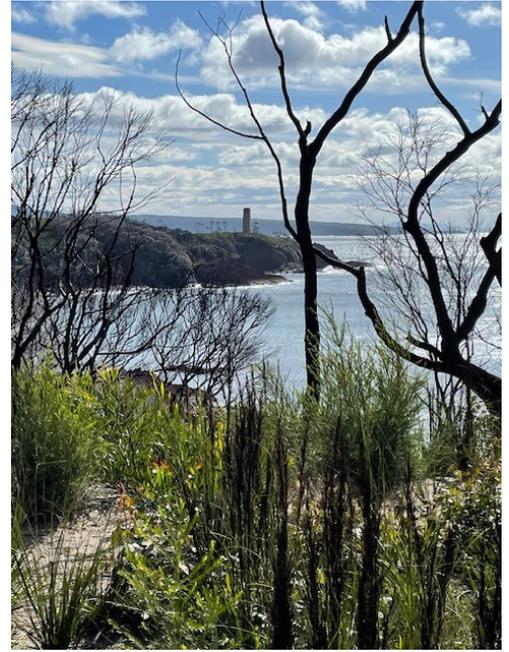
Please contact Caryl Kennedy on 0437179792 or 0418179792

TRIVIA QUIZ ANSWERS

1. Shirley Temple
2. South Australia
3. Exodus
4. Googly
5. 2
6. Waratah
7. Australia
8. Balearic
9. Fifteenth (1452)
10. Benjamin Franklin



ADVENTURE WALKING



The Adventure Walking Group set off this month, in rather cold and windy conditions, to walk the first few kilometres of the spectacular Light to Light Walking Track. It didn't take long for us to warm up, however, and the weather improved as we went along.

The 9 1/2km round trip starts at Boyd's Tower and passes through the red rocks and gravel of Red Sands Bay to Leather Jacket Bay. The track runs above the beautiful coastline with its red rocky outcrops as well as through the heathland and scrub. There are scenic views along the walk of the cliffs, the ocean and Boyd's Tower. We had a rest at a grassy clearing at Leather Jacket Bay with its sandy beach and granite boulders.

Much of this walk was affected by the bushfires 18 months ago, and while there is still evidence of the damage to the tea trees and banksia woodlands, it was encouraging to see the regrowth that is occurring.

To finish, coffee, cake and lunch at Eden was very enjoyable.

Lyn Wynn, Adventure Walking Group.

MID WEEK MONTHLY FILM CLUB



Due to Covid protocols, we have been holding our discussion sessions on Zoom which has been working well and actually gives us more time to discuss the film compared to the mad rush to disinfect every surface at the Tura Beach Centre before we all headed off. While the current Covid situation persists, we will continue to use Zoom for our discussions and individually watch the film prior to our session.

Our next film will be 'Maudie' available from SBS On Demand with our Zoom discussion on the last Wednesday of this month, 25 August at 5.00 pm.

Maudie links:

<https://www.sbs.com.au/ondemand/movie/maudie/1482360899943>

Link to review:

<https://www.rogerebert.com/reviews/maudie-2017>

If you'd like to watch the film and then join our discussion just let me know I'd be happy to send you the Zoom link prior to the session.

Happy viewing,

Kaye Separovic
kayeseparovic@gmail.com

Follow-up to the one-off CHINA – THE OTHER SIDE OF THE STORY.

For those who attended Paul's above one-off, ABC Radio has quite a few segments on China you might enjoy listening to as a follow-up to that presentation. ABC television also has an interesting series on China.



On the 50th anniversary of Gough Whitlam's delegation to China and Henry Kissinger's secret mission.

In 1971, Gough Whitlam led an opposition Labor Party delegation to meet the Communist leadership in China, an act that angered Prime Minister McMahon.

At the same time, the Chinese were secretly entertaining Dr Henry Kissinger, President Richard Nixon's assistant for national security affairs.

It was a prelude to the 'Nixon shock', an announcement that he had accepted an invitation to visit China to begin 'a journey for peace'.

Both the Whitlam and Kissinger visits set the scene for Canberra and Washington to normalise relations with the People's Republic.

A lot has happened since then.

<https://www.abc.net.au/radionational/programs/betweenthelines/on-the-50th-anniversary-of-gough-whitlams-delegation-to-china/13427146>

Stan Grant on a world of crisis and hope -

Stan Grant is one of Australia's foremost observers and chroniclers of the world. He's reported from the front lines of the earth's flashpoints, and he is also a long-time student of history and philosophy.

Stan believes with all the turbulence which besets our world at present, while there is bitterness, anger and division, there is still the capacity for negotiation, forgiveness and hope.

<https://www.abc.net.au/radio/programs/conversations/stan-grant-the-rise-of-china-geopolitics-pandemics/13268322>

Kaye Separovic.



WALK IN THE PARK –

Dogs in the Mist - the dog group is disappearing behind the straggler.

CROSSWORD 208 ANSWERS

ACROSS

1. Reckoner 5. Chance 10. Gymnast 11. Rampart 12. Microscope
13. Pita 15. Nell 18. Cachet 20. Open 22. Cato 23. Stable
25. Span 31. Omit 32. Parliament 34. Trapeze 35. Ancient
36. Needle 37. Secreted

DOWN

1. Regiment 2. Comical 3. Orator 4. Entice 6. Home 7. Nearish
8. Entrant 9. Crepe 14. Bat 16. Lob 17. Tee 18. Cab 19. Cos
21. Ply 23. Shorten 24. Agitate 26. Present 27. Notated 28. Paper
29. Please 30. Dancer 33. Bell

Newsletter

Contributions & Feedback to the Newsletter can be sent to the Newsletter Team by the 1st week of every month. Send by email to either:
Trish: u3ascoffee8@gmail.com or
Elizabeth: eastacey@bigpond.net.au



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